





Welcome

TO OUR LION SUR MER centre

Our centre « La Petite Falaise » in LION SUR MER (small seaside resort on the Côte de Nacre) is situated 50m away from the seaside.

Head Office : UNCMT - 4 avenue du Parc Saint André - 14200 HEROUVILLE SAINT CLAIR 02 31 46 80 40 - www.uncmt.fr



GEOGRAPHIC LOCATION





UNCMT « La Petite Falaise »

24 rue Galliéni 14780 LION SUR MER

Tel.: + 33 2 31 97 21 49

(Information and Booking + 2 31 46 80 40)

Email: lionsurmer@uncmt.fr

GPS Coordinates: 49°18'05.3"N 0°18'51.0"W

Caen : 25 km **Paris** : 255 km

Closest train station: Caen train station at 25 km Car-Ferry: Ouistreham Ferry Terminal at 4 km Distance from seaside: 50m (accessible by foot)





It respects all local and national health, safety, fire and travel industry

regulations, for welcoming groups.

The Director is present on site during the group's stay (including all night long).

Our certifications are available on our website : click here.







CATERING

Cold chain – all menus are established one month prior to the group's arrival, according to allergies and special diets (for the participants who have allergic reactions to some ingredients, or who have a special diet (coeliac for example), special dishes (guaranteed free from main allergens) are automatically ordered, with a extra-charge per meal – please contact us)

Regular schedules for breakfast, lunch and dinner:

8:00 AM, 12:00 AM and 7:00 PM

1 dining hall with a *100 people capacity*. Self-service system, with choices for starters, cheese and dessert. One unique hot main course.



ACCOMODATION

The total capacity of the centre **is up to 95 beds**, allocated onto two buildings. Each building has an independent entrance.

LES FRÉGATES:

All the rooms are en-suite rooms with shower, sink and toilets.

- **5 rooms** on the ground floor with 4 individual beds. Bunk beds. **2 adapted rooms** for people with reduced mobility.
- 5 mezzanine rooms on the 1st floor with 6 invidual beds. Bunk beds + 5 single rooms for the adults.

LE CHÂTEAU:



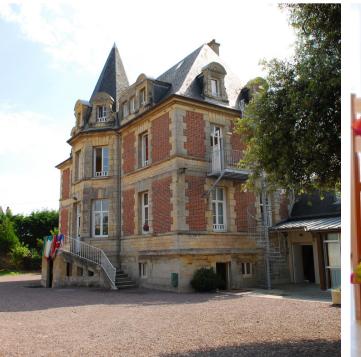
The drivers are given individual rooms in another building, **away from the group**. Showers and toilets on the landing.

11 rooms on 2 levels with 2 to 8 individual beds. Bunk beds.
 Showers and toilets on the landings.

























EQUIPMENTS

INDOORS:

• 3 class/activity rooms with board and TV



Video projector on demand.

OUTDOORS:

- 1 volleyball / badminton court
- 1 outdoor tennis table
- 1 room with games/beach equipments on demand

NEARBY ACTIVITIES:

- Tennis court
- Football court
- Basketball court
- Multipurpose fitness room

(Requests must be made to the town to use these courts)





- Fitness circuit (free access)
- Maison de la Baleine (in Luc sur Mer)
- Ouistreham Lighthouse
- Ouistreham "Grand Bunker"





